



Central Gauteng Triathlon News
2008-10-06 GN 2 of 08/09

This email

- a) JUNIOR TRIATHLON CLINIC – This Saturday 11 October 2008 – Urgent Update
- b) TECHNICAL OFFICIALS COURSE – This Saturday 11 October 2008 – Urgent Update
- c) CGT / TSA REGISTRATION 2008/09 SEASON – UPDATE
- d) COACHING CLINIC LEVEL 1 – COMPLETED

A) JUNIOR TRIATHLON CLINIC – SATURDAY 11th OCTOBER 2008

The majority of Juniors attending the “*Junior Triathlon Clinic*” requested that we change the date from Sunday to this **Saturday the 11th October**. This has now been done and finalised. Please see details below.

IF YOU STILL WISH TO ATTEND then you URGENTLY need to send an email to cgtriathlon@webmail.co.za to give us your name so that we know the quantities that will be attending.

This Clinic is also open to all of those Juniors new to Triathlon who intend to compete as an individual or a team member in a Triathlon like the Energade Series or Jo'burg Tri Series. This is an ideal opportunity to get additional insight into the do's and don'ts of being a Triathlete. **Make use of, and support the Clinics being offered by your Province. It is for your benefit. Support CGT and Register now.-->. <http://www.cgtri.za.org>**

Parents please consider doing the Officials Course detailed in “B” below while your child is busy with the Clinic. Your support would be appreciated.

DEADLINES FOR REPLIES - tomorrow 7th October 2008 by 12:00pm.

Junior Triathlon Clinic Details

- When** – This Saturday the 11th October 2008
- Where** – Colin Mann Primary – 6th Street, Lambton, Germiston
N17 tollroad
Take Wadeville off ramp
From east turn right, from west turn left
Go to Webber Road, turn left
Follow road up hill and turn right into 6th Street (by shopping centre)
Follow road to Colin Mann on right hand side.
- Time** - 8:00am – 12:00pm

B) TECHNICAL OFFICIAL COURSE - Level 1 – SATURDAY 11th OCTOBER 2008

We will be running a Technical Officials Course (L1) this weekend. Athletes, Friends and Family of Athletes, IN PARTICULAR parents are requested to consider doing the Course so as to assist where possible, and when needed.

Parents – The course will be run at the same time as the clinic so it is an ideal time to make use of the time you would have spent waiting for your kids.

Those who have indicated their interest in attending are asked to confirm via email –

John Polmeer, Ian Hendry, Graham Gilbert Green, Shaun Taylor, Sonnette Sanders, Lawrence Sanders, Dave and Venessa Cresswell

IF YOU STILL WISH TO ATTEND then you URGENTLY need to send an email to cgtriathlon@webmail.co.za to give us your name so that we know the quantities that will be attending.

Make use of, and support the Clinics, Courses and Events being offered by your Province. It is for your benefit. Support CGT and Register now.-->. <http://www.cgtri.za.org>

DEADLINES FOR REPLIES - tomorrow 7th October 2008 by 12:00pm.

Technical Officials Course – L1 - 11 October 2008

The Technical Officials Course will run for half a day, with Race Training ongoing thereafter under the supervision and guidance of qualified Officials. The course will be held in accordance with ITU standards and guidelines.

When – This Saturday the 11th October 2008

Where – Colin Mann Primary – 6th Street, Lambton, Germiston
N17 toll road
Take Wadeville off ramp
From east turn right, from west turn left
Go to Webber Road, turn left
Follow road up hill and turn right into 6th Street (by shopping centre)
Follow road to Colin Mann on right hand side.

Time - 8:00am – 12:30pm

C) REGISTRATION UPDATES - 2008-2009 SEASON

Athletes Registration Details are Forms are available on <http://www.cgtri.za.org> - PLEASE GET REGISTERED NOW. DUATHLETES ARE ALSO REQUESTED TO ALSO REGISTER NOW SO THAT WE CAN GET THE MEMBERSHIP CARDS AND REGISTRTION PROCESS OUT OF THE WAY EARLY IN THE SEASON.

D) COACHING CLINIC

The coaching clinic held over the last 2 weekends was a resounding success. Congratulations to all those who attended. Many thank you's are in order but more feedback on this shortly.

For and behalf of the CGT Committee

Craig Thyse

Junior Representative, Registrations & Communications

Central Gauteng Triathlon

Telephone : **0861 123 333**

Telefax : 086 663 2667

Email : cgtriathlon@webmail.co.za

CGT Website: <http://www.cgtri.za.org>